



State of Arizona
Department of Education

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Public Instruction

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To: Administrators National School Lunch Program

From: Lynne Dulin, Director
Child Nutrition Programs

Subject: Iron-Fortified Infant Formulas in the Child Nutrition Programs

This memo provides an updated list of iron-fortified infant formulas that do not require medical statements in the National School Lunch Program (NSLP), School Breakfast Program and Child and Adult Care Food Program.

It is recommended that the school, child-care center, or day care home offer the formula that a doctor has recommended for an infant. However, if the school or care provider does not offer the doctor recommended formula, the parent has the option to supply formula for their child. Formula that is brought from the parent and is not served with any other component is not considered a reimbursable meal.

Milk-Based Infant Formulas:

- Carnation Good Start
- Enfamil with Iron
- Enfamil AR
- Enfamil Lactofree
- Similac with Iron
- Similac Lactose Free with Iron
- Similac Advance
- Enfamil Lipil
- Gentle moments Infant Formula
- Kirkland Signature Infant Formula with iron
- Wyeth-produced Private Label Store Brand Milk-based Infant Formulas:
 - Albertson's Baby Basics Infant Formula Powder
 - Aldi Nanny's Infant Formula Powder

- Amway Kozy Kids Infant Formula Powder
- Babymil Infant Formula Powder
- CVS Infant Formula Powder
- Eckerd Infant Formula Powder
- Good Sense Infant Formula Powder
- Hill Country Fare Infant Formula
- K-Mart Little Ones Infant Formula Powder
- Kroger Comforts Infant Formula Powder
- Meijer Infant Formula Powder
- Parents' Choice Infant Formula (sold through Wal-Mart, in powder, concentrated liquid, and ready-to-feed 8-ounce can forms)
- Perfect Choice Infant Formula Powder (sold through Ralph's and Fred Meyer)
- Safeway Select Infant Formula (sold through a variety of stores)
- Shop Rite Infant Formula Powder
- Target Healthy Baby Infant Formula Powder
- Topco Infant Formula Powder (sold through a variety of stores)
- Walgreen's Infant Formula Powder
- Wegman's Infant Formula

Soy-based Infant Formulas:

- Carnation Alsoy
- Isomil
- ProSobee
- Gentle Moments Soy Infant Formula (sold through Wal-Mart)
- Wyeth-produced Private Label Store Brand Soy-based Infant Formulas:
 - Albertson's Baby Basics Soy Infant Formula Powder
 - Babysoy Soy Protein Infant Formula Powder
 - CVS Soy Infant Formula Powder
 - Good Sense Infant Soy Formula Powder
 - Hill Country Fare Soy Infant Formula 9 sold through H-E-B)
 - K-Mart Little Ones Soy Infant Formula Powder
 - Kroger Comforts Soy Infant Formula
 - Meijer Soy Protein Infant Formula Powder
 - Parents' Choice Soy Infant Formula (sold through Wal-Mart, in powder, concentrated liquid, and ready to feed 8-ounce can forms)
 - Perfect Choice Soy Protein Infant Formula (sold through Ralph's and Fred Meyer)
 - Safeway Select Soy Infant Formula
 - Shop Rite Soy Infant Formula Powder
 - Topco Soy Infant Formula Powder
 - Walgreen's Soy Infant Formula Powder
 - Wegman's Soy Infant Formula

The following iron-fortified formulas do not require medical statements when they are served to infants at the ages indicated below. If the formula is served to an infant younger than the months indicated, a medical statement is required:

Four months or older:

- Carnation Follow-up Formula (milk based) This formula is specifically designed for infants 4 to 12 months of age and older who are eating cereal and other baby foods.
- Carnation Follow-up Soy Formula (soy-based) This formula is specifically designed for infants 4-12 months of age who are eating cereal and other baby foods.
- Gentle Moments 2 Infant Formula with Iron (milk-based, sold by Wal-Mart) This formula is designed for infants 4 months and older as the infant grows and adjusts to solid foods.
- Gentle Moments 2 Infant Formula with Iron (milk-based, sold by Wal-Mart) This formula is designed for infants 4 months and older as the infant grows and adjusts to solid foods.
- Wyeth-produced Private Label Story Brand (Follow-on Infant Formulas) These types of formulas are designed for infants 4 months and older and are intended to replace traditional start formula when an infant is eating cereal and other baby foods. They are not intended to replace breast milk. These formulas have been specifically formulated for use as a supplement to the solid food portion of the older infant's diet:
 - Albertson's Baby Basics 2 Follow-on Infant Formula Powder (sold through a variety of stores)
 - Hill Country Fare 2 Follow-on Infant Formula (sold through H-E-B)
 - Kroger Comforts 2 Follow-on Infant Formula Powder
 - Parents' Choice 2 Follow-on Infant Formula (sold through Wal-Mart)
 - Safeway Select 2 Follow-on Infant Formula (sold through a variety of stores)
 - Target Healthy Baby Formula for Older Infants
 - Wegman's 2 Follow-on Infant Formula

Six months or older:

- Enfamil Next Step Toddler Formula (milk-based) This formula is designed to be an alternative to cow's milk for the older infant or toddler. The manufacturer does not market it as an alternative to "Enfamil with Iron" or any other iron-fortified infant formulas that are designed for infants birth to 12 months of age.
- Enfamil Next Step Soy Toddler Formula (soy-based) This formula is designed as an alternative to cow's milk for a toddler with milk sensitivities.
- Ross Similac 2 Toddler Formula (milk-based) This formula is designed to be an alternative to cow's milk for the older infant or toddler. The

manufacturer does not market it as an alternative to “Enfamil with Iron” or any other iron-fortified infant formulas that are designed for infants birth to 12 months of age.

- Ross Isomil 2 Soy Toddler Formula (soy-based) This formula is designed as an alternative to cow’s milk for the toddler with milk sensitivities.

If you have any questions concerning this memo, please contact your NSLP specialist at 602-542-8700.